



PE Made Easy - Tailored Curriculum Support Workshop

Workshop Description

Support your team with curriculum mapping, planning and documentation by booking a tailored curriculum support workshop. This workshop is tailored for your needs and can be designed to support a complete curriculum refresh or focused around a particular year level, subject or unit. Each workshop includes new ideas, activities and assessments that can be implemented immediately to enhance your current Health & Physical Education (HPE) program. Examples include Year 7-10 curriculum mapping, innovative lesson ideas and activities, assessment tasks with rubrics, documentation templates and exemplars. All activities and assessments are inclusive, engaging, easy to implement and modifiable to suit the needs of your students. The workshop is delivered at a time and location that suits you, so all faculty members can participate.

Benefits of Workshop to your HPE Team

- Have a greater understanding of and be more confident in implementing the HPE curriculum.
- Discover a variety of ways to review your current HPE curriculum including mapping tools and surveys.
- Be introduced to and supported through a successful curriculum development process.
- Enhance your current program with units, activities, assessments and rubrics that can be implemented into your current HPE program.
- Be provided with tips to make your program more engaging and ways to ensure all curriculum requirements are met
- It is a team building activity for staff to work together and engage in planning.
- The whole team is available to participate and can then refer back to the workshop during curriculum development sessions and faculty meetings. Usually it is only one or two team members who are able to attend external PD.
- Gain new resources and tools that can be used in current and future curriculum development. These include mapping tools, course/subject outlines, unit outlines, lesson plans for theory and practical classes, assessment task and rubric templates.
- Your students will love the new curriculum and be active members of your HPE classes.

Workshop Learning Intentions

- Gain a greater understanding of and be more confident in implementing the HPE curriculum.
- Understand how to review your current curriculum, prioritise your next steps and plan and develop an engaging HPE curriculum.

Workshop Success Criteria

- Participate in activities that support a greater understanding of the HPE curriculum.
- Be confident in reviewing your current HPE curriculum and can suggest the next steps in the curriculum development process for your team.
- Be able to suggest where new ideas, activities and assessments can be implemented into your current HPE program.

Victorian & Australian Curriculum Links

The Victorian and Australian Curriculum is addressed through each workshop, however the specific areas covered depend on the needs of the school and the length of the workshop. The focus of each workshop is tailored specifically to the requirements of the school.

Curriculum available to be covered:

F-10 Health & Physical Education curriculum

- Movement and Physical Activity
 - Moving the body
 - Understanding movement
 - Learning through movement
- Personal, Social and Community Health
 - Being healthy, safe and active
 - Communicating and interacting for health and wellbeing
 - Contributing to healthy and active communities

VCE Curriculum

- Physical Education
- Health and Human Development
- VCE VET Sport and Recreation

The following can also be addressed and included as a part of the curriculum development process:

Capabilities

- Personal & Social
- Critical and Creative Thinking
- Intercultural
- Ethical

Cross-curriculum priorities

- Aboriginal and Torres Strait Islander histories and cultures
- Asia and Australia's engagement with Asia
- Sustainability

Presenter Information

Airlie Tudhope: Co-Founder of PE Made Easy & HPE Consultant - Specialising in curriculum design and resource development for engaging Health and Physical Education programs. HPE teacher for 15 years and Leading Teacher (Head of Sub-School) for 7 years.



Bio: Airlie graduated from RMIT with a Bachelor of Applied Science (Physical Education) with Distinction in 2006. She has been teaching and developing Physical Education curriculum in Victorian schools since 2007. Airlie became a Leading Teacher in 2011 as Head of Junior School at Craigieburn SC. She then joined the leadership team at Northcote High School in 2015 as Head of Middle School. Airlie has been an Education Manager at Richmond Football Club since 2018. Airlie has worked with and presented for ACHPER and Peak Phys Ed since 2011. Her work has included textbook reviews, VCE PE SAC writing and various presentations at conferences and seminars to hundreds of PE teachers throughout Victoria. These sessions have included Fun Fitness Games and Warm-Up Activities, Sport Science in the Secondary Curriculum and Developing a Growth Mindset. In 2011, Airlie co-founded the online network PE Made Easy which provides professional development and resources for Health & PE teachers through our online membership: <https://www.pemadeeasy.com/the-pe-storeroom/>, Facebook [@PE Made Easy](#) and our website www.pemadeeasy.com

Workshop Details

Please email theteam@pemadeeasy.com the following information to receive a quote:

- School Name:
- Address:
- Preferable dates and starting time of session:
- Duration (60min, 90min, half-day and full-day sessions available):
- Focus / Aim of Session:

* Number of participants: The workshops are not charged on a per person basis, so you're more than welcome to invite other staff and/or faculty areas to join the workshop.

The cost of the workshop is inclusive of:

- Preparation of a tailored curriculum support workshop. Further discussion surrounding your HPE program can be arranged prior to quote or upon booking.
- Travel to and from the workshop.
- Session materials for all participants with detailed information provided.
- Tips to make your HPE program more engaging and ways to ensure all curriculum requirements are met.
- Package of resources that can be used in current and future curriculum development. These include mapping tools, course/subject outlines, unit outlines, lesson plans for theory and practical classes, assessment task and rubric templates.
- A discount for PE Made Easy membership.

Contact

Please call Airlie on 0402 902 510 or email theteam@pemadeeasy.com if you have any questions or would like to discuss your session further.